

Denial, Distraction, and Destruction: Loving What Is? What Would Jesus Do?

By Dr. Michael Obsatz – September 2025

When Jesus encountered anyone who was suffering, he reached out to help that person. He believed that pain was everywhere, and he was given the gift of healing.

This is not accepting what is, it is doing something to heal the world. If we do nothing, nothing will change. Part of our purpose as beings living on earth is to do SOMETHING about the pain.

Doing nothing allows dictators, emperors, and kings to rule the world with their entitlement, ruthlessness and narcissism. "Cabaret" is a musical about bystanders who sing, "Life is a Cabaret, old chum. Come to the Cabaret." Hitler destroyed the lives of six million Jews. Loving what is?

Many people, like Nero, "fiddle while Rome burns." Right now, in America, people are struggling and starving and living in emotional and physical pain. The result of "good people doing nothing" includes homelessness, addictions, fires and floods, rampant mental dysfunction, domestic violence, wars, racism, discrimination, oppression, homophobia, and classism.

We are distracted by electronic devices, entertainment, athletic events, rhetoric and political self-serving immaturity.

As we have cut mental health services, and now have a Department of War, we are becoming more complacent and neglectful.

If we neglect the environment, it will destroy itself. If we neglect the poor and others that are suffering, we will reap the rageful fallout. Remember, nobody is safe until everybody is safe.

Loving what is? Accepting what is? That is not what Jesus would do. Pray as if everything depended on God, and ACT as if everything depended on you. Beyond "loving what is," there is the dream of Oneness, compassion, and equality.

Let's get moving.