

Moving from Sin and Error Pining to the Real Meaning of Christmas: Lovers of All of Creation

by Dr. Michael Obsatz – December 2023

In America, Christmas has become a time focused on buying presents for people to show how much we care about them. Much is made of the birth of Jesus, and how he was praised as a King and Lord. The real meaning of Christmas, however, is the opposite of Kingship and Lordship.

Jesus' birth is about the birth of Oneness Consciousness, a different way of perceiving others, life, relationships, the world. It is about the movement away from Empire Consciousness, which emphasizes power, control, hierarchy, domination, shame and fear. It is about moving from a fear-based system to a love-based system. There are no Kings or Lords in Oneness Consciousness -- only lovers of all of creation.

This movement in consciousness means that we share what we have, we believe there is enough to go around, and we are seeing oneness. worthiness and connection with Spirit or God, the Earth, ourselves, and each other.

The song, "O Holy Night," states that the world is "in sin and error pining." That means being stuck in Empire Consciousness, thought and action. "Til he appeared, and the soul felt it's worth." This hymn, more than most, captures the essence of what Christmas is all about. "The slave is your brother" means that we are all one, all connected. No one is above us, and no one is below us.

In the United States, we are taught that "All Men are Created Equal." Does that mean men of all colors, ages, abilities, sexual orientations, religious belief systems? And what about women and children?

How do we celebrate the birth of Oneness Consciousness in a world that still lives deeply entrenched in Empire Consciousness? It seems hypocritical to me to commercialize Christmas, and have gifts being the way we show our caring, love and devotion.

It is not just our words, but our deeds and actions that reveal our true level of Consciousness. Do we share what we have? Do we see all of creation is valuable, worthy and lovable?

Lights at Christmas represent moving from darkness to light, from suffering to connection. We become "enlightened" and our burden becomes "light." It takes place during the darkest time of the year.

Truly, we live in dark times these days. Anger, rage, narcissism, commercialism, divisiveness -- signs of Empire are all around us. So, how do we live Christmas in a sad, dark, and hostile world? We let our light shine. We shine light on suffering and pain, and work together to ease the pain of others. We focus on Christmas as an inside job first that leads to a change in the outside world. When we move to Oneness Consciousness, we are becoming lovers of all of creation.

Christmas is: Empathy, Compassion, Respect, Equality, Worthiness, Abundance, Sharing, Connection, Love, Understanding, God's Grace and Hope.