

Silence is an ocean. Speech is a river.
When the ocean is searching for you,
don't walk into the river.
Listen to the ocean. Rumi ¹

Storytelling in small groups or personal reflection. One by one, each person shares their answer to the first prompt below. Then go to next question and so forth. A person can pass.

- 1. Share about what does Rumi's words, "Silence is an ocean. Speech is a river." mean to you.**
- 2. Talk about an experience "When the ocean [was] searching for you."**
- 3. Share your thoughts about what Rumi is saying to you and others in his words, "When the ocean is searching for you, don't walk into the river. Listen to the ocean."**

Check out and download more small group storytelling reflections and prompts at:

<https://lifesjourney.us/storytelling-in-small-groups-menu/>

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¹ [Quote by Rumi: "Silence is an ocean. Speech is a river. When th..."](#) (goodreads.com), (Accessed September 3, 2023),