

“Before you tell your life what you intend to do with it, **listen for what it intends to do with you. Before you tell your life what truths and values you have decided to live up to, let your life tell you what truths you embody, what values you represent.”**

Parker Palmer ¹

Storytelling in small groups or personal reflection. One by one, each person shares their answer to the first prompt below. Then go to the next prompt and so forth. A person can pass.

- 1) Share about a time you felt you needed to know what you intended to do with your life. What was going on in your life at that time? What happened after that?**
- 2) Tell about a time in your life when you “listen[ed] for what it intends to do with you.” How did that feel? What happened after that?**
- 3) Share about who encouraged, guided, and supported you so you were able to “let your life tell you what truths you embody, what values you represent.” (family, teacher, spiritual leader, friend, co-worker, author, etc.)**

Check out and download more small group storytelling reflections and prompts at:

<https://lifesjourney.us/storytelling-in-small-groups-menu/>

© 2024, David Tillman, all rights reserved - www.lifesjourney.us

¹ [Let Your Life Speak Quotes by Parker J. Palmer \(goodreads.com\)](#) (accessed May 18, 2024).

Parker J. Palmer, *Let Your Life Speak*, (Jossey-Bass, A Wiley Imprint, San Francisco, 2000), p. 3.