

Example

Your Life Connections

Who (or what event) introduced you in a life changing direction?

What Started: Career

What started suggestions: relationship, career, school, group, community, spiritual/religious, hobby, sport, activity, arts, music, educational, health related, financial, etc.

Name: Jamie Smith **Date:** August 22, 2022, rev. Sept. 2023

Who	When	Where	"What Started" Thread (what led to what?)
Mrs. Brown (teacher)	Fall 1984	South High School	Mrs. Brown introduced me to computer programming which came natural to me
	Fall 1984	South High School	Joined a computer programming club and met others with a similar programming interest
	Spring 1985	South High School	Our computer programming club took 2nd place in the state competition/4th at nationals
	Spring 1987	South High School	Senior, computer programming club took 1st in the state competition/3rd at nationals
	Fall 1988	Southwest University	Freshman with a computer science major
Mr. Donahue (teacher)	Fall 1988	Southwest University	Introduced me to solar power car club, joined club, made lifelong friendships
	Spring 1989	Southwest University	Solar car club took 5th place at national competition in New Mexico
Ms. Clauson (teacher)	Spring 1990	Southwest University	Ms. Clauson talked to me about studying abroad at Curtin University in Perth, Australia
	Spring 1990	Perth, Australia	Solar car club took 3rd at national competition in NM/8th in World's in Australia
	Fall 1990	Curtin University	I did a fall semester study abroad at Curtin University, met lifelong friends, learned a lot
	Spring 1991	Southwest University	Solar car club took 3rd at national competition in NM/8th in World's in Africa
	Spring 1992	Southwest University	Solar car club took 2nd at national competition in NM/5th in World's in Canada
Mrs. Rohr (placement staff)	Spring 1992	Southwest University	Graduated SW University, Mrs. Rohr connected me with ABC Company for interview
Mr. Heller (HR)	Spring 1992	ABC Company	Offered and accepted computer programming job in California
Co-Workers	1992 - 1996	ABC Company	I worked with a great group of people and we often get together after work
Mrs. Perez (supervisor)	1992 - 1998	ABC Company	I was promoted to senior computer programmer, more responsibilities/income
Mrs. Perez (supervisor)	1998 - 2004	ABC Company	I was promoted to principal computer programmer, more responsibilities/income
Ms. Valley (partner)	2004 - 2022	XYZ Company	Co-created specialized programming company with Ms. Valley, 2022 - 43 employees

Recap of what started, the thread in your life it took, who you met, what you learned, and how has this been meaningful in your life?

My computer science/programming career started in high school. Mrs. Brown and Mr. Donahue encouraged me where I gained friendships, skills, and confidence. They both encouraged me to attend Southwest University. While there I had the experience of a lifetime; great teachers, mentors, friends, competitions, travel, along with some ups and downs. In the solar car club I have made many lifelong friends, honed my programming skills, and saw the world. I was welcomed by so many talented people at the ABC Company where I was able to refine my people and programming skills through so many incredible opportunities. I heard the call to try out my people and programming skills with Ms. Valley and we started XYZ Company. We have an amazing and talented team and customers. I have learned how to be part of a team, deal with success and failure, and nurtured my growing love, grace and acceptance of others and myself. From Mrs. Brown's introduction to programming I have meet some amazing people who have taught me, journeyed with me, and loved me, more than I could have ever imagined.