G - God's Grace, Gratitude and Generosity

"We live in God's grace, knowing we are loved, cherished, forgiven, and appreciated. With this, we do not need to applause, attention, and approval of others. By knowing this about our lives, we develop freedom to help others become their true selves. We are generous with our resources including our time. We live in gratitude and appreciating our gifts and talent. We do not take for granted our good health, mental and physical skills, and ability to connect and care about others."

Dr. Michael Obsatz

Storytelling in small groups or personal reflection. One by one, each person shares their answer to the first prompt below. Then go to next question and so forth. A person can pass.

- 1. Tell a childhood experience when you felt God's love and presence.
- 2. Share a story of receiving love and grace from God, another, and/or yourself that helped shape who you are today.
- 3. Share about a time you helped another person and how that made you feel at the time.

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