

THE ADULT FRIEND WORLD

Who Are My People?

Who we befriend determines how we relate, connect, and act.

We develop social groups, hobbies, and past-times which often have guidelines and practices of their own. It is a time of discovery of what one loves to do in one's spare time.

Dr. Michael Obsatz

Storytelling in small groups or personal reflection. One by one, each person shares their answer to the first prompt below. Then go to next question and so forth. A person can pass.

1. Share about who are “your people”?

(where did you meet them? who are they? what do you do together?)

2. Tell a story about a friend who surprised you and what happened next.

3. Share an experience of your favorite thing to do in your spare time.

(hobby, sport, group, organization, travel, music, art, read, partying, etc.)