

THE WORLD OF ME

Who am I?

We have personalities, temperaments and ways of being. Every person is unique, and part of maturing is discovering who one is and what he or she needs. We also change our views, attitudes, beliefs, and behaviors as we age.

Dr. Michael Obsatz

Storytelling in small groups or personal reflection. One by one, each person shares their answer to the first prompt below. Then go to next question and so forth. A person can pass.

1. Share about “who are you” in the world.

(parents, childhood, family, education, community, beliefs, attitudes, behaviors, etc.)

2. Tell a story about one of your dreams or wonder.

3. Share an experience of feeling connected to God or creation.