"The purpose of life is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experience."

Eleanor Roosevelt

Storytelling in small groups or personal reflection. One by one, each person shares their answer to the first prompt below. Then go to next question and so forth. A person can pass.

- 1. Tell about what you see is the purpose of your life.
- 2. Share a story when you have tasted an "experience to the utmost."

(How did that feel to you at the time?)

3. Share about one thing in your life which holds you back from eagerly reaching out for a "newer and richer experience."