

Have courage for the great sorrows
of life and patience for the small
ones; and when you have laboriously
accomplished your daily task,
go to sleep in peace. God is awake.

Victor Hugo ¹

Storytelling in a small group or personal reflection. One by one, each person shares their answer to the first prompt below. Then go to the next prompt and so forth. A person can pass.

1. Share a story in your life where you had courage during a time of great sorrow or patience for a small one.

(**Courage:** mental or moral strength to venture, persevere, and withstand danger, fear, or difficulty. ² **Sorrow:** deep distress, sadness, or regret especially for the loss of someone or something loved; resultant unhappy or unpleasant state) ³

What courage did you draw upon to get through that time in your life?

2. Talk about how you transition to “go to sleep in peace” after you have “laboriously accomplished your daily task.”

3. What thoughts, feelings or memories arise when you read these words by Victor Hugo? “go to sleep in peace, God is awake.”

Check out and download more like this at <https://lifesjourney.us/storytelling-in-small-groups-menu/>

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¹ [Quote by Victor Hugo: “Have courage for the great sorrows of life and ...” \(goodreads.com\)](#) (accessed July 20, 2024).

² [Courage Definition & Meaning - Merriam-Webster](#) (accessed July 20, 2024).

³ [Sorrow Definition & Meaning - Merriam-Webster](#) (accessed July 20, 2024).