

Why is the World in Such a Mess?

By Dr. Michael Obsatz – August 2025

Wars, destruction, starvation, hatred, addiction, abuse, neglect, lack of care for the earth and environment.

There are many possible explanations about the dysfunctional world we live in.

Here is just a dozen of them:

The world lives in scarcity mode — believing there is not enough to go around.

Too many world leaders are fear-driven, and egotistical, hungry for power and control.

There is not enough love and compassion.

Empire Consciousness is in control -- fear-based, and lacking in emotional skills, empathy and compassion.

Many people want simple solutions to complex problems.

Denial of trauma and suffering of millions of people.

False beliefs about "the other."

Unresolved family of origin issues.

Too much emphasis on money, hoarding of wealth and power.

Poor distribution of basic necessities.

Lack of Oneness Consciousness — lack of spiritual connection.

Lack of trust in oneself, others, and life itself.

For more answers, please check out the following 20 books:

Lasch — The Culture of Narcissism	Smedes — Shame and Grace
Richo — The Five Things We Cannot Change	Gurian — Boys and Girls Learn Differently
Schaefer — When Society Becomes an Addict	Goldberg — The New Male
Coloroso — Kids are Worth It	Williamson — A Return to Love
Schaefer — Living in Process	Rogers and Kramer — On Becoming a Person
Bly — The Sibling Society	Vanzant — Trust
Jackson — Life in Classrooms	Winfrey and Perry — What Happened to You?
Miller — The Drama of the Gifted Child	Myss — Why People Don't Heal
Walsh — Selling Out America's Children	Ruiz — The Four Agreements
Bradshaw — Healing the Shame that Binds You	Rohr — The Universal Christ