

Taunting Is Daunting: The Perils of Childhood Bullying/Emotional Damage to Victims/Cycle of Suffering

By Dr. Michael Obsatz - October 2025

Hundreds of thousands of young children are bullied, abused, and abandoned in America these days. Their outcries of pain are rarely taken seriously enough.

Living in a World of Empire Consciousness, we are continually barraged with messages like:

You are not enough.

If you don't wear X, do X, you won't fit it.

You are judged by others all the time.

You are incompetent, worthless.

You are not good enough to belong here.

Children are teased and taunted by other children, adolescents and adults. The purpose of feeling worthless for Empire is that it encourages people to buy products they don't really need. Empire Consciousness is about power, control, hierarchy, domination, fear, scarcity, narcissism, separation, addiction and external validation.

One of my favorite books is by Anne Wilson Schaef called *When Society Becomes an Addict*. America was always an addictive culture from the beginning. Empire is about denial, addiction, and dividing and conquering.

Bullying includes verbal shaming and threats, physical abuse, sexual abuse, neglect, abandonment, and school shootings.

Many who engaged in mass shootings have been damaged emotionally.

So, emotions and reactions do victims of continual harassment and abuse possess?

Anger	Sadness	Unlovability/unworthiness	Abandonment
Rage	Desperation	Depression	Isolation/loneliness
Trauma	Fear	Betrayal	Self-blame
Mistrust	Shame	Helplessness	Despair/hopeless
Hyper-vigilance			

If we want to stop violence against others, and if we want to create a more compassionate world, we have to understand the suffering of the victims and listen to their pain. And then vow to stop bullying behavior when it occurs.

Part of Empire Consciousness is living in denial, not wanting to do the emotional and spiritual work it takes to provide love, support and safety for all. Nobody is safe until everyone is safe. It is time to understand the role Empire Consciousness plays in encouraging this cycle of suffering.

Only Oneness Consciousness (love, compassion, empathy, equality, collaboration, abundance, and accepting all people) can stop the daunting bullying that haunts so many of our children and adults.