

WE ARE PART OF THE DIVINE FLOW:

The Legacy We Leave Behind

by Dr. Michael Obsatz

A lot of folks wonder about what they are “leaving behind” when they die. If they have biological children and grandchildren, there is tangible evidence that one has lived in this human world.

If we are spiritual beings having a human experience, and if we live in Oneness Consciousness, we are part of everything, and everything and everyone is part of us. We are One with the Universe.

We are channels for God's love and creativity. Everything that comes through us comes from God or Spirit. So, as we connect to God's love, compassion, and generosity, we are part of the “Divine Flow.”

Our existence and purpose are to spread love all over, be a light, and help create Oneness Consciousness everywhere. Such living eliminates war, violence, addiction, shame, guilt, need to control, need to dominate, and need for external validation. There is abundance, enough for everyone. We take care of life, the Earth, and all its creatures.

Our lives are for service to be part of the Divine Flow of love. When Jesus says, “My burden is light,” he might be referring to Oneness and the Divine Flow. We don't need our name on buildings to prove our worthiness. We are loved, lovable, loving, and ENOUGH.

Life in the world provides endless opportunities to “let go and let God.” I would add that. It is not about setting aside time to pray or think about God. It is KNOWING OUR ONENESS WITH GOD AND LIFE and living from this knowing all the time.

The “Namaste” song has these words: “The God in Me beholds the God in You, Namaste.” Our legacy is not personal, but universal.

Your soul is eternal, and your legacy is not just yours. As part of the Divine Flow, your loving presence lives on forever and ever.